

YEAR 2023



Teen Volunteer Movement

CREATING COMMUNITY LEADERS

LIVE UNITED



United Way
of Cumberland County

UNITEDWAY-CC.ORG

Make an impact in your community and the world!



AMY NAVEJAS, EXECUTIVE DIRECTOR

At United Way of Cumberland County, we believe that you're never too young to change the world. Youth are our future leaders, and with all the wonderful work going on in our community, we hope to see our young people get involved and find their passion. United Way of Cumberland County works in partnership with dozens of local nonprofits to raise funds and support important missions. Missions that mean warm meals, safe homes, and important medications. We are pleased to help connect you with some of the projects going on within our community. As a mother of three who began volunteering as a teen, I encourage you to engage your kids and support them in finding a cause that makes them passionate. I believe it is so important that we involve our youth. Let them help as you serve that homeless family a meal, or mentor that at-risk youth. Let's work together to build the caring and compassion we hope to see in our community. Together, we can make a difference.

"The best way to find yourself is to lose yourself in the service of others." -Mahatma Gandhi

VOLUNTEER OPPORTUNITIES

UNITED WAY OF CUMBERLAND COUNTY



RAPPEL FOR OVER THE EDGE EVENT

April 13, 2024 - Upcoming event

Duties Raising a minimum of \$1,000 to rappel on April 13th, 2024.

Over the Edge is a day-long event where Rappelers descend 50 feet down the Cape Fear Valley Medical Arts Center in Downtown Fayetteville (101 Robeson Street) and help UWCC raise funds to improve the quality of lives in Cumberland County by addressing critical human needs. The event is open to all ages. Participants under the age of 18 must be accompanied by a legal guardian, and all participants must be within the 100 to 300 pound required weight range (as per Over the Edge safety standards).

To register go to unitedway-cc.org

ASSISTANCE WITH THE OVER THE EDGE EVENT: AGES 13 AND UP

April 13, 2024 - Upcoming event

Duties Include: Check people in and assist with other duties, as needed.

Volunteers are needed during this event from 7:00 am to 12:30 pm or 12 pm to 5:30 pm. Volunteers will help with registration, staging, landing zone, roof top security, roof top radio, landing zone announcer, floater and rope volunteers.

Contact: Roshelle at 910-483-1179 ext. 228 or development@unitedway-cc.org

ASSISTANCE WITH THE CAMPAIGN KICK-OFF:

August 2024 - Upcoming event

Duties Setting up the day before the event, assist people with packing meals for those in need, move boxes and handout additional packing items.

The annual Campaign Kickoff/Meal Packing Event brings over 500 volunteers together to pack up to 70,000 meal packets to help feed families & individuals in need in Cumberland County.

Contact: Roshelle at 910-483-1179 ext. 228 or development@unitedway-cc.org

VOLUNTEER OPPORTUNITIES

CATHOLIC CHARITIES FAYETTEVILLE REGION

FOOD PANTRY VOLUNTEER DAY: AGES 16 AND UP

Volunteer Year-Round on Weekends

Duties Include: Stocking and organizing the food pantry.

If you're looking to coordinate a group volunteer effort, think about hosting a 2-hour Volunteer Day focused on teenagers participating in tasks related to restocking and organizing the food pantry. It's important to ensure that teen volunteers are supervised throughout this project.

Contact: Vicky at 910-424-2020 ext. 2601 or Vicky.Jimenez@ccharitiesdor.org

CONNECTIONS OF CUMBERLAND COUNTY

TEEN VOLUNTEER DAY: AGES 16 AND UP

Volunteer Year-Round on Weekends

Duties: Cleaning and organizing rooms, creating hygiene kits or cleaning up outside in the yard.

If you're interested in organizing a group volunteer initiative, consider hosting a 2-hour Volunteer Day on a Saturday, where teenagers can participate in activities related to organizing and cleaning up. Please note that teen volunteers must be under supervision during this project.

Contact: SJ Schwartz at sarahjordan@connectionsofcc.org or 910-630-0106

GREATER LIFE OF FAYETTEVILLE

MENTORING FRIEND : AGES 13 AND UP

During the school year

Monday - Thursday 3:00pm - 6:00pm

Students can become a Friend that educates and inspires at-risk and behaviorally challenged youth with innovative and culturally sensitive programs in order that they may thrive academically, socially, and morally. Come help young students grow both in and out of the classroom.

Contact: Georgeanna at greaterlife.fayetteville@gmail.com or 910-364-9531

VISION RESOURCE CENTER

RADIO READING CLUB: AGES 13 AND UP

Year-Round on Friday's

Duties Include: Read articles on the air. No training needed.

Vision Resource Center's VRC-VLY Reading Service program provides global, national, and local news and entertainment to the blind and print impaired using internet radio. Vision Resource Center's VRC-VLY Reading Service program is relaunching to provide global, national, and local news and entertainment to the blind and print impaired using internet radio.

Contact: Terri Thomas at 910-483-2719 or vrcexdirector@gmail.com.



Fayetteville Urban Ministries

We strive to help students show God's compassion for our neighbors in need, and thus build our community together. The Emergency Assistance program houses a food pantry, clothing closet, and a financial assistance service which helps families and individuals in crisis.

**WORKING IN FOOD PANTRY, CLOTHING CLOSET AND
CUSTODIAN DUTIES : AGES 13 AND UP**

Volunteer Year-Round

Monday -Thursday 9am-5pm Friday 9am-4pm: first Saturday of each month 10am-1pm

Working in the food pantry, clothing closet or assist with cleaning up.

Food pantry, clothing closet contact: Haley Wood-Greene at hwood@fayurbmin.org or 910-483-5944 ext. 2207

FUNDRAISING STAFF : AGES 16 AND UP

Volunteer Year-Round

Volunteer or intern to come up with creative fundraising ideas and to assist with fundraising events throughout the year. You will participate in fundraising events by contacting potential donors and setting up for events.

Contact: Mikayla Borrero at mborrero@fayurbmin.org or 910-483-5944 ext. 2211

CAREER READINESS PROGRAM : AGES 14 TO 18

If a student is defined as at-risk, Fayetteville Urban Ministries can employ students at an hourly rate.

Career Readiness candidate contact: Brian Jones at bjones@fayurbmin.org or 910-483-5944

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Fayetteville Technical Community College Foundation

ASSISTANCE WITH THE TROJAN FIT 5K
COLOR RUN: AGES 12 AND UP

October 12, 2024- Upcoming event

Volunteering with FTCC gives students the chance to make a difference in their community in a safe environment and also spend time on the college campus where they may one day attend. For the Color Run, there will be an orientation before the event.

Duties Include: Help set up and clean up for the color run

The FTCC Trojan Fit 5K Color Run / Walk will be a fun event for all. The minimum age for volunteers to sign up online is 16-year-old. However, we welcome volunteers 12-15 years old who are accompanied by an adult or group leader. For the Color Run, there will be an orientation before the event.

To Volunteer: FTCC Foundation at 910-678-8441 or email Sandy Ammons at ammonss@faytechcc.edu to become a volunteer.

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VOLUNTEER OPPORTUNITIES

FAYETTEVILLE SYMPHONY ORCHESTRA

CONCERT AND EVENT ASSISTANCE: AGES 13 AND UP

Volunteer Year-Round

Duties Include: Usher, Ticket Taker, Box Office, Greeter, etc.

Concert and event dates vary, but often times occur on Friday and Saturday evenings from 6pm-9:30pm.

It is important for us to engage with youth in our community, and provide them opportunities to learn, gain volunteer experience, and build relationships with our other volunteers, staff, and patrons. We welcome youth volunteers with open arms and want to be a resource for our youth volunteers. We can be flexible in terms of scheduling, too.

Contact: Meghan Woolbright at mwoolbright@fayettevillesymphony.org or 910-433-4690

THE SALVATION ARMY

FOOD SERVICES ASSISTANCE: AGES 13 AND UP

Volunteer Year-Round

**Duties: Making dinner meal plates, passing out of dinner plates
Monday through Friday 4-6pm**

Students can help The Salvation Army create change and provide hope throughout your community.

Contact: Lynn Thewes at lynn.thewes@uss.salvationarmy.org or 910-323-9769 ext. 66490

CAPE FEAR BOTANICAL GARDEN

STAFFING FOR HORTICULTURE WORK AND PUBLIC
EVENTS : AGES 13 AND UP

Volunteer Year-Round

Monday - Friday 8:30am-5:00pm

Volunteers are the heart and soul of the Garden. We offer fun and challenging volunteer opportunities available year-round, indoors or outdoors. Youth volunteers are the key to connecting younger generations with gardening and conservation measures.

**Contact: Chris Walker at cwalker@capefearbg.org or
Mallory McAden at mschroer@capefearbg.org or 910-486-0221**

CUMBERLAND COUNTY ANIMAL CONTROL

PET CARE VOLUNTEER : AGES 13 AND UP

Year-Round

Volunteers will work in the adoption area of the shelter performing various task. If you want to volunteer, you must follow three steps: 1. Watch the volunteer orientation. 2. Read the volunteer manual. 3. Attend a walkthrough session.

Call 910-438-4050 or email aorgan@cumberlandcountync.gov